# **Teaching and Learning – 5 minutes**

...over a hot brew!

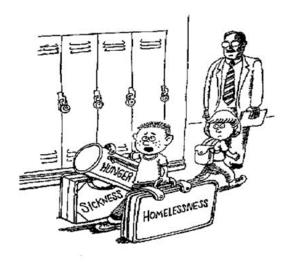
Research, Resilience, and Reflection

Issue 44:



#### 1. In pictures..

"Could someone help me with these?
I'm late for math class."



### 2. Teaching Techniques: Wait time

What is it? Allow students time to think before answering. If they aren't productive with that time, narrate them toward being more productive.

#### Why do it?

- Enabling a wider range of students to participate
- Allow more hands to go up (if taking hands)
- Supports better, more rigorous answers
- Cognitive work is increased (during the wait)
- Decreases the number of 'failures' i.e. those that feel they can't participate, or simply do not know
- Increase the depth of answer and the degree of evidence incorporated in answers
- Wait time saves time in the end as answers are more rigorous in the first instance

### What does it look like?

- Ask a question
- Pause before cold-calling/taking an answer, to create thinking time
- If needed narrate the situation to further encourage "I can see people thinking", "I can see people looking at chapter 5 good idea", "I'm giving lots of thinking time this is a difficult question"
- If needed encourage further participation count hands, "we've got five hands, six hands, seven hands,

think about what we were saying at the end of last lesson, eight hands, nine hands..."

## 3. Promoting Retention of Memory

Here are two easy to realise teaching ideas that promote the retention of information; one is founded upon retrieval practice, the other upon encoding (similar to the dual coding referred to last week). Both techniques, although simple to execute, support Quality First Teaching.

- 1. Ask students to recall new information and discuss it with a partner immediately after its delivery. This retrieval of information right after it has been introduced promotes retention: "Tell a neighbour what you just learned!" Indeed researchers state that "retrieving a memory shortly after it was encoded prevented loss of both central and peripheral details, thereby promoting retention over time".
- 2. Deep encoding occurs when we think of the meaning of a concept and make connections. When introducing new content highlight the contemporary and practical implications and ask students to reflect, when appropriate, on how the idea specifically relates to them.

### 4. To ponder...

"More important than the curriculum is the question of the methods of teaching and the spirit in which the teaching is given". [Bertrand Russell]

