

Hello

My name is Milly I have ASD I'm nearly 16 and waiting to start 6th form in Gateacre in September.

When I started Gateacre in Y7 I was very anxious and scared because I was starting somewhere I wasn't used to, but the staff in the SEND base helped me a lot, they took me around to meet the teachers that I would be having.

They helped me with getting used to school routine and how to get around, I also had support in my lessons helping me to cope. I had a time out pass to show the teachers if I needed time out this gave me permission to leave the lesson if I was anxious and stressed, there is space outside classrooms I could use to try and ease my anxiety or if I was very stressed I could go to the SEND base and talk to Mrs Peach or any of the SEND staff they would try and help me through it till I felt less anxious.

I used to go to the base to eat my lunch as I don't like being around lots of people. I enjoyed that.

There are four floor levels in Gateacre they are all different colours which help you to remember where your classes are.

Staff and students are supportive and kind and will help you if you are lost or need something.

I hope you like Gateacre and you feel happy there, they were always helpful with me.

Don't forget always tell someone if your anxious or something is wrong, they will help you.

Good luck

Milly